

Mental Health Therapist

Job Type: Part-Time, Permanent, 15 hours per week

Hours of Work: Monday, Wednesday 9:00am-5:00pm

Location: Mount Forest, Ontario

The Mount Forest Family Health Team offers health care professionals the opportunity to work in an interprofessional primary care team dedicated to providing evidence informed care to over 12,000 patients who live and work in Mount Forest and the surrounding rural communities.

The successful candidate for this position will use a variety of psychotherapy skills to provide one on one services to youth and adults experiencing a broad range of mental health issues and situations while being supported by a team that includes administrative support staff, dietitian, occupational therapist, nurse practitioners, medical secretaries, outreach workers, pharmacist, physicians and registered nurses.

This position is best suited for an individual with:

- current registration with the Ontario College of Social Workers and Social Service Workers or the College of Registered Psychotherapists of Ontario
- a Master's Degree in clinical counselling or equivalent from an accredited college or university including formal training and proficiency with a variety of modalities with preference given to Cognitive Behavioural Therapy or other trauma focused therapy
- knowledge in Brief Solution Focused Therapy, Strengths Based Therapy and Cognitive Behavioural Therapy considered an asset
- demonstrated knowledge of and experience in utilizing evidence-based therapy approaches in supporting patients to overcome or cope with various mental health issues.
- an avid interest and proven ability to work as a member of a collaborative interprofessional team
- excellent written and verbal communication skills, especially using plain language.
- current criminal record check, including vulnerable sector screening is required.
- preference will be given to candidates with experience working in rural communities and/or in communities with higher rates of social and economic challenges
- Advanced proficiency in computer use and various software applications including electronic medical records system

The Mount Forest Family Health Team welcomes and encourages applications from people with disabilities. Accommodations are available on request for candidates taking part in all aspects of the selection process.

Please direct questions to Jody Fleming, Human Resource Manager at jfleming@mountforestfht.com We appreciate the interest of all candidates, however, only those selected for an interview will be contacted.

Interested candidates are asked to submit a cover letter and resume by 4:00pm Thursday, April 18, 2019 to the attention of:

Suzanne Trivers, Executive Director
Mount Forest Family Health Team
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