



## **Mental Health Therapist**

### **Full-time contract (until December 2021)**

*September 2020*

The Upper Grand Family Health Team (UGFHT) offers the opportunity to join an innovative, community-based primary health care team serving the Arthur, Fergus, and Elora areas. We are looking for a talented team player to join us as we continue to provide a model of excellence in rural primary health care.

#### Position Summary

The Mental Health Therapist (MHT), as a member of a multidisciplinary primary care health team, provides therapy to patients with mild to moderate mental health issues through individual and group counseling and is a resource to family physicians, other allied health professionals and the community. The MHT will provide counselling/therapy/treatment plans designed to help the individual to perform daily task, and self-management coaching and support to develop the skills to live independent and productive lives. The MHT will help the UGFHT to meet its strategic objectives by contributing to the chronic disease management, health promotion and disease prevention programs.

#### Requirements

- Masters' degree in Social Work, Psychotherapy or Marriage and Family Therapy and current registration in good standing with a relevant College in Ontario
- Ability to work independently and as part of a collaborative team
- Prior experience in assessment and counseling in a primary care setting is considered an asset
- Program development, facilitation and evaluation skills
- Strong leadership, interpersonal, problem-solving and organizational skills
- Interest or experience in teaching and mentoring students
- Ability to prioritize, manage time effectively and be flexible within a dynamic work environment
- Excellent oral and written communication skills
- Access to method of reliable transportation
- Knowledge and proficiency in the use of computer and communication systems including e-mail and electronic medical records (EMRs)

Interested candidates are invited to submit a cover letter and résumé by **September 25, 2020** to:

*Cohl Johnston, Manager – Human Resources and Administration*  
Upper Grand Family Health Team  
143 Mecalfe St., P.O. Box 3082, Elora ON, N0B 1S0  
[careers@uppergrandfht.org](mailto:careers@uppergrandfht.org)  
Fax: (519) 843-7386

*The Upper Grand Family Health Team supports diversity, equity and a workplace free from harassment and discrimination. We encourage applications from all qualified candidates, including women, visible minorities, aboriginal peoples and persons with a disability. Accommodations are available upon request for candidates at any point in the selection process. Please direct questions and/or requests to [careers@uppergrandfht.org](mailto:careers@uppergrandfht.org). We appreciate the interest of all applicants, however, only those selected for an interview will be contacted.*