

Health Promoter/ Kinesiologist

Full-time Contract (5 days per week)

The Upper Grand Family Health Team (UGFHT) offers the opportunity to join an innovative, community-based primary health care team serving the Arthur, Fergus, and Elora areas. We are looking for a talented team player to join us as we continue to provide a model of excellence in rural primary health care.

Position Summary

The Health Promoter will work collaboratively with members of the team assisting in facilitation of improved preventive primary care and offering services to promote and preserve the health of clients and community. The role is responsible for identifying the health needs, planning, coordination and delivery of services to specific populations, their families and caregivers. The Health Promoter is actively involved in program development, implementation and evaluation for wellness and lifestyle programs and rehabilitation for patients living with chronic disease. They also work with various community partners and undertake systematic reviews to determine the range of programs in existence and develop opportunities that exist. The Health Promoter will share expertise and knowledge of health promotion and disease prevention within the community helping to connect patients with appropriate services and professionals.

Requirements

- Bachelor's degree in health or a related field of study from an accredited university program (e.g. Bachelor of Health Sciences/Kinesiology, Health Promotion, Nursing or related program)
- Master's degree with specialization in Health Promotion, Kinesiology or related field an asset
- Membership in good standing by a health professional association and liability insurance coverage are required (e.g. Certified Exercise Physiologist (CEP))
- CPR-C/ Standard First Aid and Smoking Cessation Certification
- Preferred certification and experience in developing and delivering Self-Management models for health promotion, disease prevention and chronic disease management programs
- Valid Ontario Drivers' License and access to own method of reliable transportation
- Minimum three years demonstrated experience in a primary health care (family medicine) or community setting preferred
- Knowledge of client-centered philosophy, change management, basic principles and practices of community service delivery, short-term treatment options and chronic disease management models
- A demonstrated experience counseling/facilitating/delivering one on one and group education sessions and activities using motivational interviewing
- Knowledge and proficiency in current, evidence-based methods and practices of primary care delivery, with an emphasis on health promotion and risk

- Strong interest and experience in program development, implementation and evaluation of health promotion, disease prevention and chronic disease management programs
- Proficiency in the use of computer and communication system knowledge- email, EMR
- Knowledge and proficiency in current, evidence-based methods and practices of primary care delivery, with an emphasis on health promotion and risk reduction

Responsibilities

- Occasional after-hours support as required
- Determine the need for, and the implementation of health promotion and prevention strategies for families and individuals
- Maintain professional competence and remain current (e.g. evidenced-based care) through ongoing participation in professional development, FHT research projects, etc.

Skills and Abilities

- Demonstrated skills in assessment, program development, implementation and evaluation of health promotion, disease prevention and chronic disease management programs
- Ability to keep confidential all information regarding patients, health care providers, employees, business operations and clinic/team functioning
- Professionalism displayed through mannerisms, attire and response to stressful situations
- Organizational ability to prioritize a wide range of job activities with accuracy and speed
- Communication skills which reflect the ability to work well in a team environment while maintaining respect and attentiveness to patients and fellow team members
- Interpersonal skills to listen effectively and to train and help develop patients, new employees and students
- Problem solving skills to identify and effectively solve problems and to help patients and team members solve problems
- Time management abilities to effectively set priorities and complete tasks within agreed upon timeframes

Interested candidates are invited to submit a cover letter and résumé by **October 8, 2021** to:

Cohl Johnston, HR Manager
Upper Grand Family Health Team
Trailside Medical 107-6420 Beatty Line N, Fergus ON N1M 2W3
careers@uppergrandfht.org
Fax: (519) 843-7386

The Upper Grand Family Health Team supports diversity, equity and a workplace free from harassment and discrimination. We encourage applications from all qualified candidates, including women, visible minorities, aboriginal peoples and persons with a disability. Accommodations are available upon request for candidates at any point in the selection process. Please direct questions and/or requests to careers@uppergrandfht.org. We appreciate the interest of all applicants, however, only those selected for an interview will be contacted.