

## **Registered Kinesiologist or Occupational Therapist**

### **12-18 Month Contract, 0.8 FTE (4 days per week)**

The Upper Grand Family Health Team (UGFHT) offers the opportunity to join an innovative, community-based primary health care team serving the Arthur, Fergus, and Elora areas. We are looking for a talented team player to join us as we continue to provide a model of excellence in rural primary health care.

#### Position Summary

This Kinesiologist or Occupational Therapist is an important clinical team member supporting primary care in our community through a varied clinical portfolio including, but not limited to: chronic pain management, cardiac rehabilitation, smoking cessation, individual exercise and activity support, chronic disease prevention and improvements in quality of life through movement and activities best suited to individuals and their health concerns.

The successful candidate will work collaboratively with other members of the interdisciplinary care team at the Family Health Team, to provide a variety of health promotion and disease prevention programs to our clients.

The Kinesiologist or Occupational Therapist will work with various community partners through educational community outreach and partnership in programming. This position will utilize expertise and knowledge of therapeutic exercise, activity support, health promotion and disease prevention in the delivery of clinical programming, while connecting clients with appropriate services and professionals, where appropriate.

#### Requirements:

- Bachelor's or Master's degree in health or a related field of study from an accredited university program (e.g. Health Sciences/Kinesiology, Health Promotion, Occupational Therapy, or Physiotherapy )
- Membership in good standing with a regulated association (e.g. OKA, HFFC, COTO, COPO) and liability insurance coverage are required
- Experience in falls prevention, mental health, cardiac rehab, chronic pain, musculoskeletal assessment and management, and smoking cessation preferred
- Experience in developing and delivering Self-Management models for health promotion, disease prevention and chronic disease management programs
- Knowledge of client-centered philosophy, change management, basic principles and practices of community service delivery, short-term treatment options and chronic disease management models
- Demonstrated experience counseling/facilitating/delivering one-on-one and group education sessions and activities using motivational interviewing

- Knowledge and proficiency in current, evidence-based methods and practices of primary care delivery, with an emphasis on health promotion and risk reduction
- Demonstrated experience in a primary health care (family medicine) or community setting preferred
- Proficiency in the use of computer and communication system knowledge: Email, Electronic Medical Record systems (Telus PS Suites an asset), Word, PowerPoint
- CPR-C/ Standard First Aid an asset
- Valid Ontario Drivers' License and access to own method of reliable transportation

#### Responsibilities

- Clinical support for the programs and responsibilities connected to the role.
- Comfortable completing visits in office, at patient homes, and using virtual care tools.
- Determine the need for, and the implementation of health promotion and prevention strategies for families and individuals
- Maintain professional competence and remain current (e.g. evidenced-based care) through ongoing participation in professional development, quality projects, etc.

#### Skills and Abilities

- Demonstrated skills in assessment, program development, implementation and evaluation of health promotion, disease prevention and chronic disease management programs
- Strong communication skills which reflect the ability to work well in a team environment while maintaining respect and attentiveness to patients and fellow team members
- Ability to keep confidential all information regarding patients, health care providers, employees, business operations and clinic/team functioning
- Organizational skills and time management abilities to prioritize a wide range of job activities with accuracy, and complete tasks within agreed upon timeframes.
- Problem solving skills to identify and effectively solve problems

Interested candidates are invited to submit a cover letter and résumé by **November 10, 2023** to:

*Nicole Bird, Manager of Human Resources*  
Upper Grand Family Health Team  
Trailside Medical 107-6420 Beatty Line N, Fergus ON N1M 2W3  
[careers@uppergrandfht.org](mailto:careers@uppergrandfht.org)  
Fax: (519) 843-7386

*The Upper Grand Family Health Team is an equal opportunity employer and supports diversity, equity and a workplace free from harassment and discrimination. We encourage applications from all qualified candidates, including women, visible minorities, indigenous peoples and persons with a disability. Accommodations are available upon request for candidates at any point in the selection process. Please direct questions and/or requests to [careers@uppergrandfht.org](mailto:careers@uppergrandfht.org). We appreciate the interest of all applicants, however, only those selected for an interview will be contacted.*